

December 2024 Schedule

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:00 Bible Study 9:00 Sewing 9:30 Total Body 10:00 Bingo 10:15 Stretch and Release 11:30 31 Cards 12:00 Bridge 12:00 Lunch from Bruno Bros. 12:30 Learn to Crochet 1:00 Video Chair Yoga <i>2nd @ 1:00 Advisory Council Meeting</i> <i>9th @ 11:30 Book Club</i> <i>16th Brian Gladysz Insurance</i> <i>16th @ 11:30 Insta-Pot Class **</i>	9:00 Tai Ji Quan 9:00 Sewing 10:00 Bingo 10:00 Drum Your Way Fit 11:00 Quick Yoga 11:30 31 Cards 11:30 Spades 11:45 Chair Aerobics with Mercy Health 12:00 Lunch from Bandidos 12:00 Ballroom and Line Dance 12:30 Games Galore <i>3rd Colledge Insurance</i> <i>10th @ 11:30 Speak with A Social Worker</i> <i>10th @ 1:00 Trivia Sponsored By Woodlands</i> <i>17th De-Stress with Polly</i> <i>17th Patriot Home & Hospice</i> <i>17th @ 12:30 Movie Matinee "A Castle for Christmas"</i> <i>24th Center Closed</i>	9:00 Blood Pressure Checks By Woodlands 9:00 Sewing 9:00 Watercolor & Drawing Class 10:00 Bingo 10:00 Dominos 11:30 31 Cards 11:30 Double Deck Pinochle 11:30 Beginner's Ukulele 12:00 Bridge 12:00 Lunch from Chick-fil-a 12:00 Coloring Group 12:30 500 Bid 12:30 Intermediate Ukulele 1:00 Wine Making <i>4th @ 1:00 Wreath Making Class **</i> <i>11th Windsor House</i> <i>18th @ 11:00 Mercy Health Checks</i> <i>18th @ 11:30 Holiday Sing Along with Lunch Sponsored by Mark Cole Agency **</i> <i>25th Center Closed</i> <i>Modern Line Dance moved to Tuesday, December 31</i>	9:00 Wood Carving 9:00 Tai Ji Quan 9:00 Sewing 9:45 Weekly Membership Meeting 10:00 Senior Spinning 10:00 Bingo 10:00 Dominos 10:00 Walking Club 10:30 Chair Yoga 11:45 Guided Mindful Meditation 12:00 Lunch from Charly's 12:00 500 Bid 1:00 Bingo <i>5th Continuing Healthcare of Boardman</i> <i>12th Devoted Health</i> <i>19th @ 11:30 Ugly Sweater Party and Potluck Lunch **</i> <i>26th @ 12:30 Monthly Birthday Party Sponsored By Woodlands</i>	9:00 Bible Study 9:30 Senior Spinning 10:00 Kettle Bell and Weight Training 10:00 Bingo 11:30 Fencing <i>6th @ 1:00 Christmas Party **</i> <i>13th @ 11:30 Senior Discussion Panel</i> <i>20th De-Stress with Mr. Fluffy</i>

**** denotes sign up at front desk ****

lunches must be ordered and paid for by 10:15am, menus at front desk

Austintown Senior Center

Phone: 330-953-1416

Address: 112 Westchester Drive, Austintown Ohio 44515

Website: austintownseniorcenter.org

Hours: Monday- Thursday 8-3, Friday 8-1